



# Leadership Presence for Ninjas

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## **Program Overview**

Leading	Leading	Leading
Self	Others	Change
<i>Authentic Leadership Leader as Communicator Leader as Storyteller</i>	<i>Leader as Facilitator Leader as Trusted Advisor Leader as Coach</i>	<i>Leader as Visionary</i>

# Four Universal Communication Principles

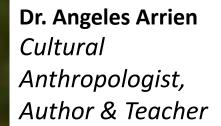
#### Show Up and Choose to Be Present

#### Pay Attention to What Has Heart and Meaning

#### Tell the Truth Without Blame or Judgment

#### Be Open to Outcome, Not Attached to Outcome

- Dr. Angeles Arrien, The Four-Fold Way



# $1 + 1 = \frac{2}{5}$

# $\frac{1}{1} = \frac{2}{2}$



# Other(s) 141 = 2

# Choices 1 + 1 = 2

# $\frac{1}{1} = \frac{2}{2}$



17

Distinguished Professor, UC Berkeley

# **10 Active Communicating Skills**

Energy Physical Expressiveness Relaxation Eye Contact Spontaneity

Breathing

Voice

Listening

Focus & Concentration

**AWARENESS** 

# Why Do Leaders Tell Stories?

"Leadership is autobiographical. If I don't know your story, I don't know who you are as a leader."

- Noel Tichy

# "The journey to **authentic leadership** begins with understanding the **story of your life...**"





## **Storytelling Technique**

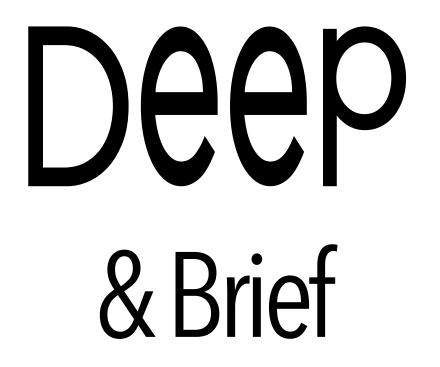
Vertical Takeoff Beginning ↓ Middle ↓ End

# **Storytelling Skills**





# **Storytelling Skills**



# **BerkeleyHaas**

#### **4 UNIVERSAL COMMUNICATION** PRINCIPLES

- Show up and choose to be present 1.
- Pay attention to what has heart and meaning
- Tell the truth without blame or judgment 3.
- Be open to outcome, not attached to outcome



# **Day 1 Summary**



Energy Physical Expressiveness Relaxation **Eye Contact** Spontaneity Breathing Voice

Listening **Focus & Concentration AWARENESS** 

#### **Storytelling Model**

Vertical Takeoff! Beginning Middle End

Vocal Variety

#### **QUOTIDIAN MEETING**

#### Part 1: WARM-UP

A physical exercise, a martial arts warm-up, stretching, meditation, or other activity to get the group focus and be fully present for one another

#### Part 2: LOOKING BACK

Reflect on what we have accomplished, acknowledging both successes and challenges. Focus on what we have learned and how we have grown.

#### Part 3: LOOKING FORWARD

Discuss our goals and what we want to accomplish today. What do we look forward to? What are the challenges ahead? How can we help each other accomplish our goals?

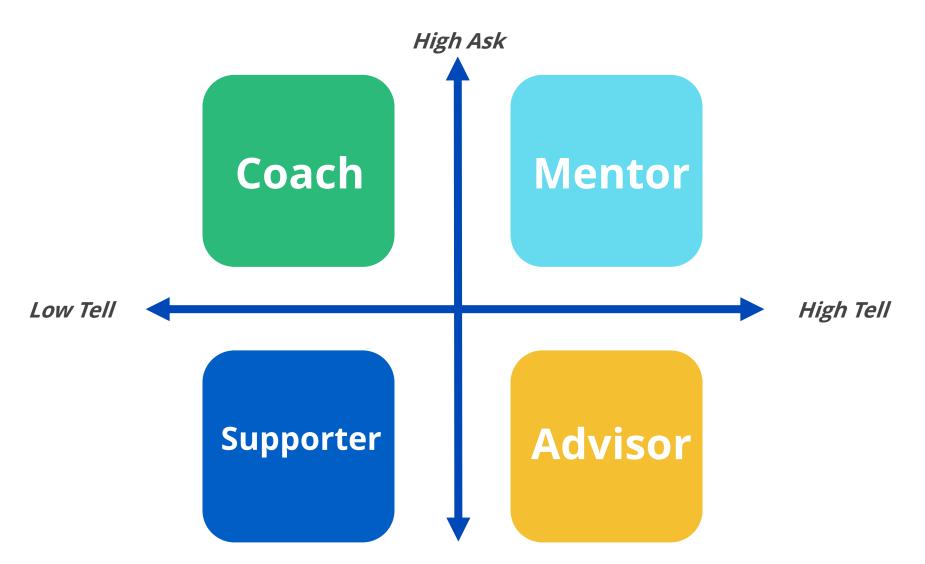
#### Part 4: APPRECIATIONS, ACKNOWLEDGMENTS, APOLOGIES

Team members step forward to express appreciation for someone on the team, acknowledge what they have done for you, or make a public apology to the person.

#### Part 5: INSPIRATION

One person shares some words of inspiration. This could be short story, a poem, or a song.

## **Roles of the Leader**



## **The Trust Equation**

# Credibility + Reliability + Intimacy (+R+|**S**elf-orientation

### **Fundamental Coaching Skills**

Playback with empathy

# Tracking

## Inquiry The art of curious questions

# Playback



# Inquiry: The Art of Asking Curious Questions

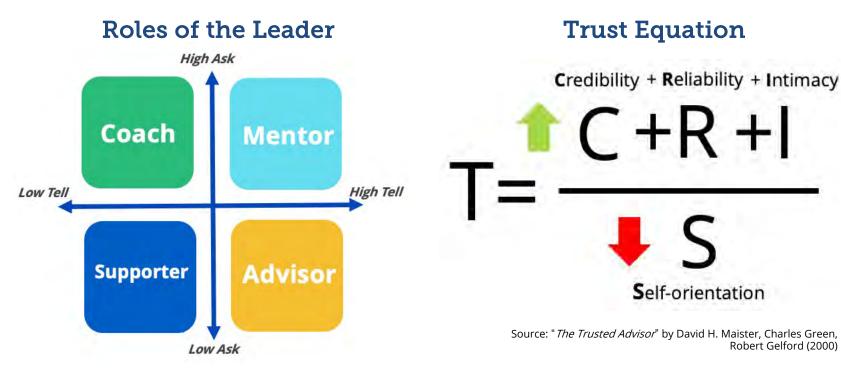




# The Power of the Baby Step



### Day 2 Summary



#### QUOTIDIAN MEETING IN 5 PARTS

- 1. Warm-up
- 2. Reflections
- 3. Goals

4.

- 3 A's (Appreciations, Acknowledgments, Apologies)
- 5. Inspiration

#### **Fundamental Coaching Skills**

- Playback with Empathy
  - Tracking
- Open-Ended Questions

# The power of the **BABY STEP**