



Leadership Presence for Ninjas

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Program Overview

Leading	Leading	Leading
Self	Others	Change
<i>Authentic Leadership Leader as Communicator Leader as Storyteller</i>	<i>Leader as Facilitator Leader as Trusted Advisor Leader as Coach</i>	<i>Leader as Visionary</i>

Four Universal Communication Principles

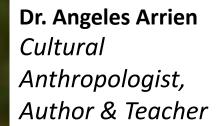
Show Up and Choose to Be Present

Pay Attention to What Has Heart and Meaning

Tell the Truth Without Blame or Judgment

Be Open to Outcome, Not Attached to Outcome

- Dr. Angeles Arrien, The Four-Fold Way



$1 + 1 = \frac{2}{5}$

$\frac{1}{1} = \frac{2}{2}$



Other(s) 141 = 2

Choices 1 + 1 = 2

$\frac{1}{1} = \frac{2}{2}$



17

Distinguished Professor, UC Berkeley

10 Active Communicating Skills

Energy Physical Expressiveness Relaxation Eye Contact Spontaneity

Breathing

Voice

Listening

Focus & Concentration

AWARENESS

Why Do Leaders Tell Stories?

"Leadership is autobiographical. If I don't know your story, I don't know who you are as a leader."

- Noel Tichy

"The journey to **authentic leadership** begins with understanding the **story of your life...**"





Storytelling Technique

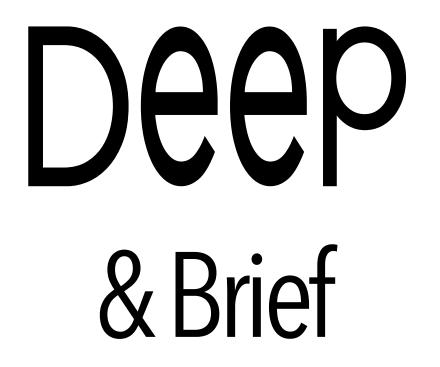
Vertical Takeoff Beginning ↓ Middle ↓ End

Storytelling Skills





Storytelling Skills



BerkeleyHaas

4 UNIVERSAL COMMUNICATION PRINCIPLES

- Show up and choose to be present 1.
- Pay attention to what has heart and meaning
- Tell the truth without blame or judgment 3.
- Be open to outcome, not attached to outcome



Day 1 Summary



Energy Physical Expressiveness Relaxation **Eye Contact** Spontaneity Breathing Voice

Listening **Focus & Concentration AWARENESS**

Storytelling Model

Vertical Takeoff! Beginning Middle End

Vocal Variety

QUOTIDIAN MEETING

Part 1: WARM-UP

A physical exercise, a martial arts warm-up, stretching, meditation, or other activity to get the group focus and be fully present for one another

Part 2: LOOKING BACK

Reflect on what we have accomplished, acknowledging both successes and challenges. Focus on what we have learned and how we have grown.

Part 3: LOOKING FORWARD

Discuss our goals and what we want to accomplish today. What do we look forward to? What are the challenges ahead? How can we help each other accomplish our goals?

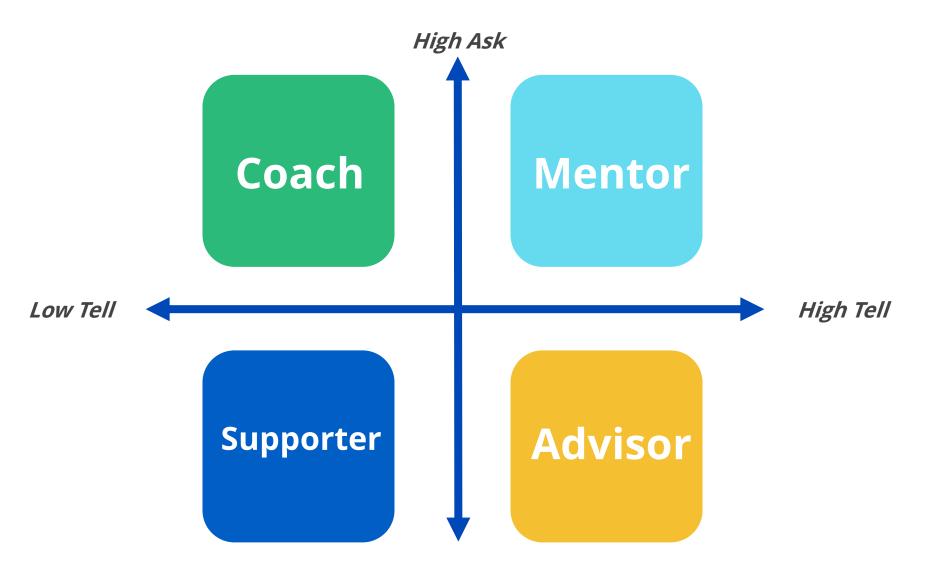
Part 4: APPRECIATIONS, ACKNOWLEDGMENTS, APOLOGIES

Team members step forward to express appreciation for someone on the team, acknowledge what they have done for you, or make a public apology to the person.

Part 5: INSPIRATION

One person shares some words of inspiration. This could be short story, a poem, or a song.

Roles of the Leader



The Trust Equation

Credibility + Reliability + Intimacy (+R+|**S**elf-orientation

Fundamental Coaching Skills

Playback with empathy

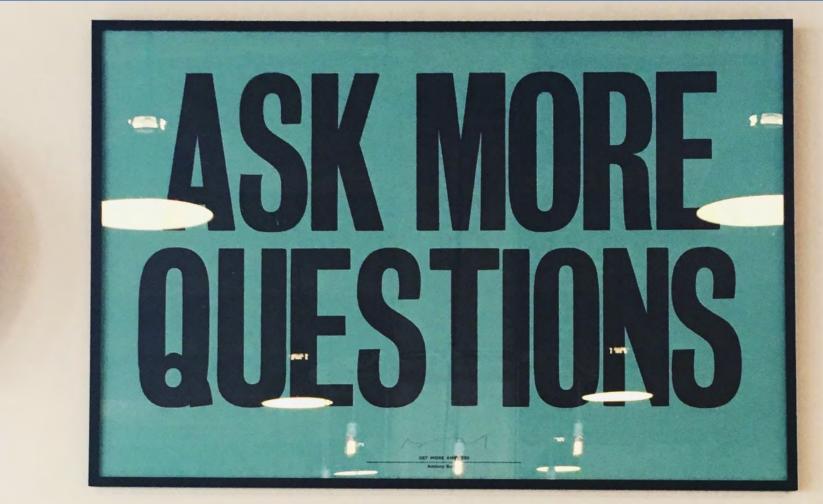
Tracking

Inquiry The art of curious questions

Playback



Inquiry: The Art of Asking Curious Questions

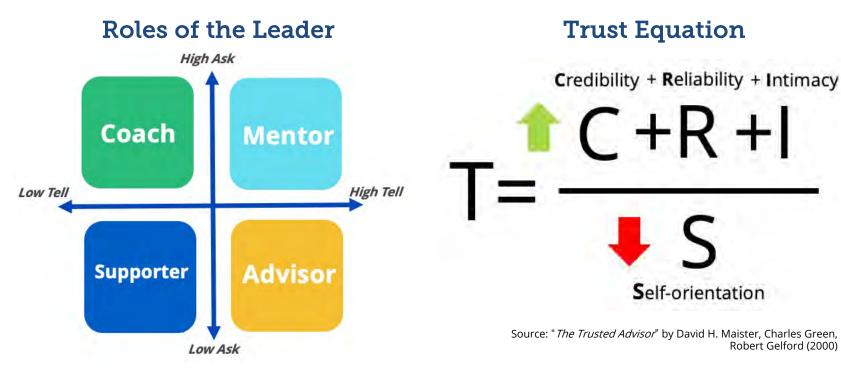




The Power of the Baby Step



Day 2 Summary



QUOTIDIAN MEETING IN 5 PARTS

- 1. Warm-up
- 2. Reflections
- 3. Goals

4.

- 3 A's (Appreciations, Acknowledgments, Apologies)
- 5. Inspiration

Fundamental Coaching Skills

- Playback with Empathy
 - Tracking
- Open-Ended Questions

The power of the **BABY STEP**